

CERTIFICATE OF PARTICIPATION

This is to certify that

Iona Redelinghuys

Has successfully participated & completed the

10km Forest Hill City Summer Run

held at Stellenbosch.

TIME 01:34:07

PACE 09:24/km

GENDER 99 of 130

OVERALL 234 of 287

50+ 12 of 17

04 December 2016, Sun

Date



BoutTime

Signature

